

Calling advice Maternity week



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Geboortehuis phone number 035-6915458 option 1

In the week after giving birth we visit you a lot and have contact with you, your partner and the maternity care.

You can contact us 24 hours a day during this period. We are happy to discuss non-urgent matters with you during the day. However, we appreciate you calling at all times if you have any concerns, day or night!

Questions/concerns regarding the baby may include:

- · problems with feeding
- temperature too high or too low (>37.5 or <36.5)
- · seeing yellow
- reduced alertness, looking gray, feeling weak, reacting badly to stimuli
- problems with urinating/ defecating
- crying a lot/ restlessness

Questions/concerns regarding you may include:

- fever
- a lot of blood loss (and/or many clots)
- inability to urinate
- pain
- physical unwellness
- · increasing headache
- not feeling well emotionally